

PREPARE FOR COMPETITION

ARIZONA HOSA NOVEMBER SYNAPSE

**LEARN ABOUT WHAT'S
HAPPENING IN HOSA**

Let's take a look at some of the moments
we have mapped this year!

SCHEDULE A CHAPTER VISIT!



YOU MAY BE WONDERING...

WHAT IS A CHAPTER VISIT?

Chapter visits are a great way to get to know your state officers and get great HOSA information! Whether your chapter is small or large, near or far, your state officers want to get to know each and every one of you while introducing the benefits of Arizona HOSA. This year, chapters have the unique ability to personalize their visit to cover topics they are interested in. So, whether your chapter is new or experienced, make sure to request a visit!

**TO REQUEST A VISIT,
CONTACT OUR
STATE PRESIDENT,
ADRIAN
KWIATKOWSKI**



CONTACT:
adkwiatkowski726@gmail.com

A photograph of a man in a suit speaking at a podium on a stage. A large screen to the left shows a close-up of the speaker. The stage is decorated with blue and red curtains. A red banner is visible at the top of the image.

FALL LEADERSHIP CONFERENCE

A SUMMARY



FLC SUMMARY

On November 1st, over 3,000 members from all corners of Arizona gathered at the Phoenix Convention Center for a day filled with leadership development, networking, HOSA, and fun!

The conference began with an extraordinary opening session! Members participated in a "Miracle Minute" fundraiser, collecting \$1,300 dollars for the National Pediatric Cancer Foundation. Way to go, Arizona HOSA! What a wonderful way to show support for the HOSA Service Project.

The opening session keynote speaker, Heather Shultz, delivered an incredibly inspiring and motivating speech, sharing personal stories about herself and her life that helped teach HOSA members many valuable, heartfelt lessons. These lessons will be able to be taken forward into the careers of members for years to come!

Members also had the opportunity to attend several workshops over the course of the day. We hope you learned as much as you could! From Pet CPR and First Aid to Forensic Medicine and different leadership sessions, Arizona HOSA members kicked off a great start to the HOSA year.

Of course, if you had the opportunity, we also hope you had a blast at Castles N' Coasters!

Thank you all for making Fall Leadership Conference amazing! We cannot wait to see you at the State Leadership Conference this Spring!



#AZHOSAMOMENTS



Check out these awesome #azhosamoments from FLC!



**SAN TAN FOOTHILLS
HIGH SCHOOL HOSA**

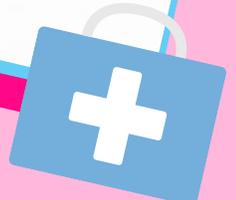


stfhshosa Fall Leadership Conference 2018! 💙💛
#FLC #azhosamoments

**West-MEC
Pharmacy Tech
HOSA**



westmecpharmacytech FALL LEADERSHIP
CONFERENCE WAS A BLAST 🌟🌟
#azhosamoments





heatherspeaker AZ HOSA you are AMAZING!
Thank. you for a great conference. #azhosamoments



MARCOS DE NIZA HOSA

hosamd n We had such an awesome time at #mappingourmoments! The keynote speaker @heatherspeaker was amazing and so inspiring.



COMPETITIVE EVENTS

Online Testing

Competitive events offer many benefits to HOSA members like career exploration, developing professional skills, skills practice, and loads of fun! Are you thinking about competing this year? Read on to make sure you're on the right track!

The very first step for competing is looking through your guidelines. The guidelines are the best resource to prepare for competition! They include a description of the event, study materials and resources, example questions, rules, and much more to help you prepare for your competition. To find links to your competitive event guidelines, follow this link: <http://hosa.org/guidelines>

After you choose a competition, study as much as you can! Every little bit of studying helps, and it's never too early to start. In order to compete at the State Leadership Conference, you will need to qualify through an online test.



COMPETITIVE EVENTS CONTINUED

The online test will cover topics like material from the guidelines, knowledge about the event topic from the resources provided in the guidelines, and more.

Registration for online testing opens December 11th, and closes January 11th, so make sure you register on time. Each test is \$3.00 and you can take as many as you'd like. When you see which events you qualify for, you can make your final competitive event decision. You are only allowed to compete in one event at SLC. Online testing will take place January 14-25, 2019.



Online testing will take place January 14-25, 2019. All events will have an online test, excluding the following events:

- Medical Innovations: Existing and Original
- All asterisked events on the Arizona HOSA website
- Recognition events (not including Healthcare Issues Exam)

Although it is a competition, don't forget to have fun and learn along the way! The more you study and prepare, the more you will gain from your competitive event.

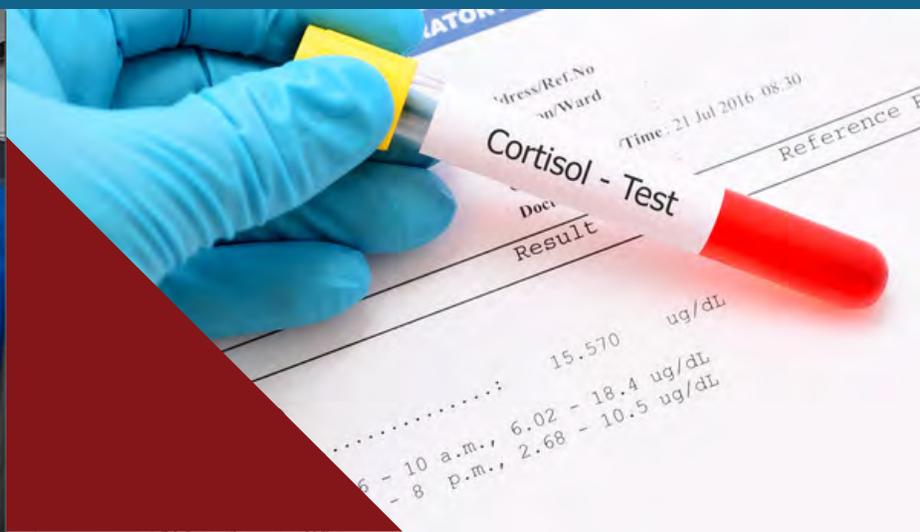
Good luck!

Healthcare Technology

The health care world is always generating new and exciting technology! One such device is a wearable patch that measures cortisol in sweat! Cortisol measurements may help give information about certain medical conditions such as Addison's disease and Cushing's disease. Want to know more about this device and why it's so innovative? Check out an article here: <https://www.sciencedaily.com/releases/2018/07/180720140519.htm>

If you would like to know more about cortisol's role in the body, click here:

<https://www.healthline.com/health/cortisol-urine>



Be sure to check out the most recent Arizona HOSA Webinar! While Chapter Leadership Camp has already passed, the webinar contains information on how to get involved with the National Pediatric Cancer Foundation and has a useful tutorial on how to use Canva to make a flyer. You can access the Webinar here:

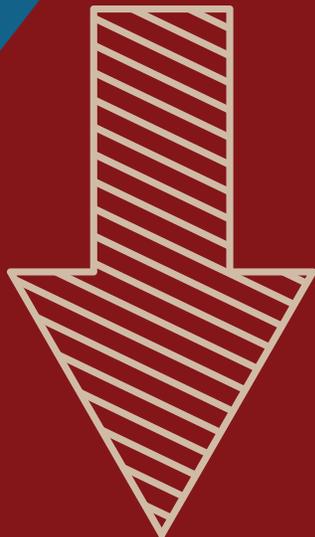
[https://www.youtube.com/watch?](https://www.youtube.com/watch?v=ZQ3jKbrxZ1c)

[v=ZQ3jKbrxZ1c](https://www.youtube.com/watch?v=ZQ3jKbrxZ1c)



Take a look at this snippet from Paradise Valley High School Bioscience HOSA's awesome newsletter!

Newsletters are a great way to share information with members, reflect on past events, and promote active membership!

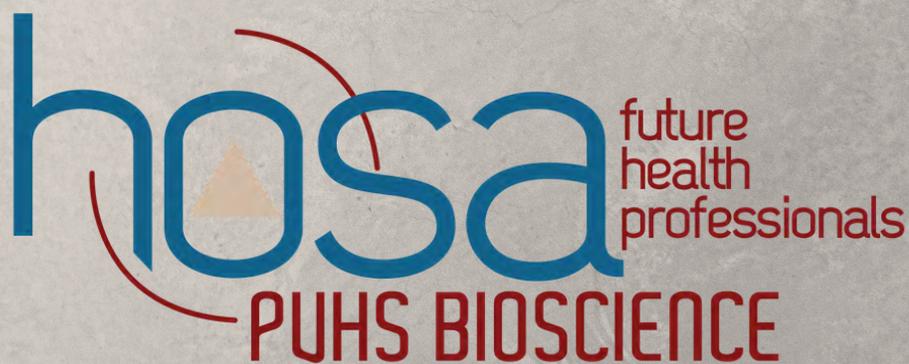




BIOSCIENCE HOSA

BIOSCIENCE BIWEEKLY

OCTOBER 2018

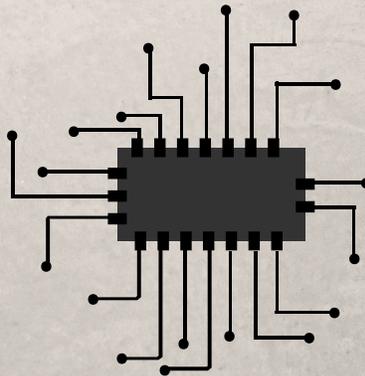


GUEST SPEAKER

SUNIL KAKADE

Director of Application and Information
Architecture at Dignity Health

Bioscience HOSA students had the opportunity to learn about the importance of artificial intelligence in the future of medicine. Mr. Kakade summarized the types of artificial intelligence, showed cutting-edge examples, and even explained how people use these technologies every day. Mr. Kakade is an excellent example of how the medical field has a current demand for a diverse range of skill sets and specializations outside of the traditional life sciences.



Bioscience HOSA would like to thank Mr. Kakade for his time and his insightful look into the future.

Check out some

HOSA Moments

From our meeting on October 12th!



PATEL-IAMENTARY PROCEDURE

Your Monthly Dose of Parli Pro!

Hello Arizona HOSA!

Welcome back to your monthly edition of “Patel-liamentary Procedure”! In last month’s edition, we went over some more specific aspects of parli pro, including postponing and committees. In this month’s edition, we will be talking about bylaws, and the different types of rules! So let’s begin! I call this fourth session of “Patel-liamentary Procedure” to order!

Bylaws



RULES

There are different levels of rules that are present in chapters. Most commonly, the highest ranking rules are known as bylaws. These are required for every HOSA chapter in Arizona so it is important to understand what they are and why they are needed for your chapter.

The following lists the order of different rules from highest authority to least.

1. **Bylaws:** Like mentioned earlier, these are the highest level of rules for HOSA chapters. The bylaws contain the following information:

- The group’s purpose.
- Describe the qualifications and method of selection of members.
- Provide for officers, committees, meetings, and the quorum.
- Sometimes set up a board of directors.

Bylaws are crucial for almost any organization because they serve as a document that sets up the guidelines and basics for a chapter.

2. Rules of Order: These are rules that are set in place in order to regulate the conduct of business in meetings. These rules of order usually follow an assisted manual (such as Robert's Rules of Order). Usually, groups identify the rules of order by adopting a well-established manual in their bylaws. This is known as a chapter's parliamentary authority.

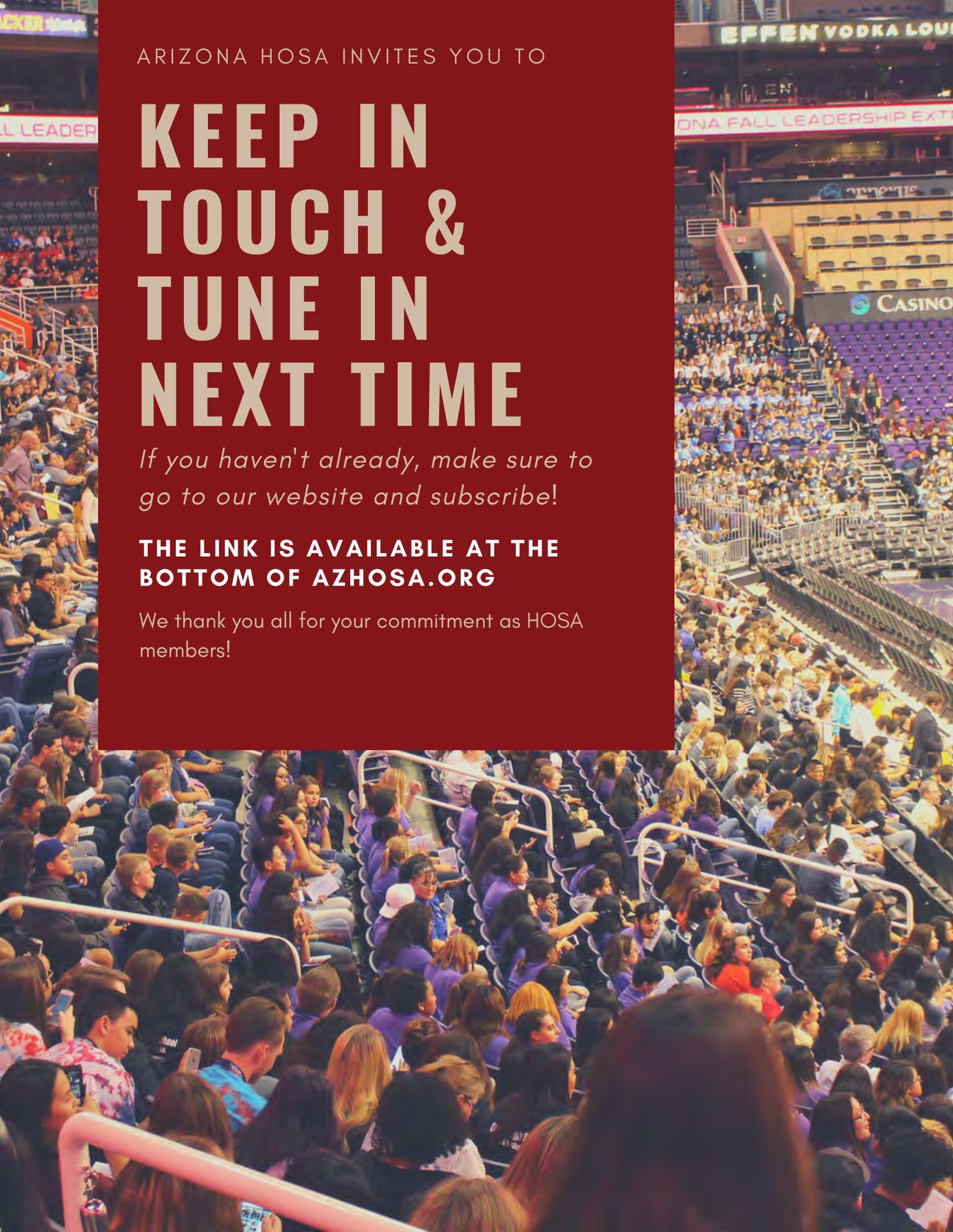
Special rules of order are then used in order to set different rules from those written in the manual (for example, special rules could include different debate time limits). In order to adopt special rules, a two-thirds vote and previous notice are required. If there is no previous notice, then a majority vote must occur.

3. Standing Rules: These are rules that are not important enough to be put into the bylaws and do not relate to the conduct of business at a meeting. For example, there might be a rule that states any guest speakers must have a pass from the front office. This is a standing rule because it does not relate to the conduct of business. Rules such as this require a majority vote to adopt.

4. **Custom:** These are the last type of rules that your chapter will likely be using. In the case of customs, a habit of doing something is developed over time and it becomes an unsaid rule that is always followed. It is important to remember that even though a custom is a form of rule, it has the least authority. Since it is not written, it cannot conflict with written rules. As long as it does not conflict with other rules, it can be followed just as a written rule would be.

It is a good idea for every member in your chapter to be given a booklet with all of the bylaws, special rules of order, and standing rules. This will allow members to become familiar with them so that they can participate fully in meetings.

That concludes November's edition of "Patel-liamentary Procedure"! Since there are different types of rules, it may seem confusing at first. Just know the basics of each type of rule and their authority so that your chapter can smoothly function! In next month's edition of "Patel-liamentary Procedure", we will be going over how rules may be enforced and suspended in a chapter, along with who is in charge of knowing all the rules. With that, I now adjourn this edition of "Patel-liamentary Procedure"!



ARIZONA HOSA INVITES YOU TO

KEEP IN TOUCH & TUNE IN NEXT TIME

If you haven't already, make sure to go to our website and subscribe!

THE LINK IS AVAILABLE AT THE BOTTOM OF AZHOSA.ORG

We thank you all for your commitment as HOSA members!